# EMERGENCY EVACUATION FROM WORK & HOME: GRAB & GO BAGS

With an increase in threats of floods, wildfires, earthquakes and other emergencies, you may be required to evacuate from home or work on short notice.

It is important to have a Grab & Go Bag ready, prepared and with you.

### **HOW TO BE PREPARED:**

- EMERGENCY KIT VS.
   A GRAB & GO BAG
- MAKE YOUR PLAN
- GRAB & GO BAGS
- WHY IS WATER SO IMPORTANT?





## EMERGENCY EVACUATION FROM WORK & HOME GRAB & GO BAGS



#### THE DIFFERENCE BETWEEN AN EMERGENCY KIT AND A GRAB & GO BAG

- Emergency Kits are typically larger with more items and used when required to shelter in place (at home)
  during an emergency. Items can be stored in a portable bag (duffle or backpack) and may be heavier or
  bigger to help you shelter in place for a longer period of time.
- Grab and Go Bags contain the necessary items you need when you have to leave home or work quickly
  when evacuation orders are in place and you don't have time to gather anything.

#### MAKE A PLAN

Regardless of the type of emergency and whether you have shelter in place or are evacuated, you need a plan. Your plan may include:

- Communication Plan Names and Contact Numbers for each person in your household/family, medical needs, out of town contact (nearby) and out of province contact (far away). Don't forget pets and their medical needs, places of work and schools your children go to.
- Cell phones might not work during emergencies, include in your plan alternate plan for communications.
- Emergency Meeting Place(s) for household/family members if you are separated.

Ensure everyone in your household knows the plan and has a copy of it (or knows where it is located.) Consider printing a business card sized list of contact numbers for everyone to keep in a wallet/phone case, lunch box or backpack. Email or send a copy of your communication plan to everyone in the household as well as your emergency contacts.

#### **GRAB & GO BAG ITEM LIST**

- PRIORITY ITEMS personal medications and water.
- Food (ready to eat) and water, including food for pets
- Phone charger and battery bank
- Small battery-powered or hand-crank radio
- Battery-powered or hand-crank flashlight
- Extra batteries
- Small first-aid kit
- Toiletries and an extra pair of glasses or contact lenses
- Spare keys for vehicle

- Copy of your emergency plan
- Copies of important documents like insurance papers and ID
- Cash in small increments (such as a \$50 bill stashed in your cell phone case)
- Local map marked with your family meeting place
- Seasonal clothing and emergency blanket
- Pen and notepad (chisel point sharpies to leave messages on hard to write on surfaces)
- Whistle

#### THE IMPORTANCE OF WATER

In an emergency clean potable drinking sources may not be readily available. We can only survive about three days without water but we can survive for weeks without food. Scan the QR code for more emergency management resources.



www2.gov.bc.ca/gov/content/safety/emergency-management/preparedbc/guides-and-resources

Scan the QR code with your phone's camera to access emergency management resources.

Scan the QR code with your phone's camera to access all BCFSC Crew Talks and to subscribe.

