

# CAUGHT BETWEEN HAZARDS "PINCH-POINTS"

Working around machinery, vehicles, or other moving objects can pose a significant risks of being caught and/or crushed which can lead to severe or even fatal injuries.

These incidents, called "caught between," occur when an someone is trapped or caught between two moving objects or between a moving object and a stationary one resulting in a PINCH-POINT. These types of incidents can result in compression and/or crushing injuries.

## WHAT TO KNOW ABOUT CAUGHT BETWEEN HAZARDS:

- PINCH-POINTS
- PROTECTING YOURSELF



**BC Forest Safety**

Safety is **good** business

# CAUGHT BETWEEN HAZARDS "PINCH-POINTS"



## PINCH-POINTS

In manufacturing, pinch-points occur when two moving objects, such as a chain and sprocket, gears, or rollers on a press, trap a body part.

Manufacturing is particularly hazardous due to machines that move, press, stamp, and cut materials.

- Severe injuries or fatalities can result from being caught in a pinch-point.
- A trapped hand may be severely injured and damaged beyond repair.
- When something gets caught in moving machinery, the whole body can be pulled in, leading to serious consequences.

## PROTECTING YOURSELF

To minimize the risk of injury in areas with moving machinery, follow these important safety guidelines:

- Always follow established lockout procedures.
- Shut down equipment and contact your supervisor if you see a missing or damaged safeguard. Perform a pre-startup inspection to ensure all safeguards are in place.
- Only operate equipment you are trained and authorized to use.
- Never reach into operating equipment; stop and lockout if necessary.
- Stay focused and alert at all times.

### **REMEMBER:**

By staying aware of pinch-points, following safety protocols, using proper PPE, and participating in ongoing training, workers can significantly reduce their risk of injury. Safety is a shared responsibility, and everyone plays a key role in preventing accidents.

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