# SAFETY TIPS FOR WINTER CONDITIONS

Slips, trips, and falls are more likely to happen during rainy or icy conditions, in the dark or on uneven ground. They also happen when objects are left on the floor and especially when you're rushing and not paying attention to your surroundings.

While navigating worksites in wet, snowy or icy weather, exercise caution and report any unsafe conditions you notice to help prevent these incidents from occurring.

#### **SAFETY TIPS:**

- PREVENT SLIPS, TRIPS AND FALLS ON WET OR ICY WORKSITES.
- EXERCISE CAUTION IN PARKING LOTS.
- BE MINDFUL OF PERSONAL SAFETY ON DARK WINTER DAYS.
- REPORT UNSAFE CONDITIONS!





**BC Forest Safety** 

## SAFETY TIPS FOR WINTER CONDITIONS



#### PREVENT SLIPS, TRIPS AND FALLS ON WET AND ICY WORKSITES:

Wet and icy worksites can be tricky to navigate. Take precautions to prevent slips, trips and falls in these conditions.

- Wear footwear with slip-resistant soles, such as cleats, if they are required PPE.
- Avoid shoes with smooth soles.
- Take shorter steps and walk at a slower pace on icy surfaces.
- Hold onto handrails when using stairs.
- Keep your hands free to catch yourself if you start to fall.
- Use a cart and take the elevator or equipment lift when carrying large items, if applicable.
- Avoid walking while distracted put away your mobile device.
- Exercise caution when stepping off curbs and navigating steep slopes.
- Do not rush; allow extra time to reach your destination safely.
- Wipe your feet on a mat when entering a building to remove excess water.

#### **USE CAUTION WHEN WALKING IN PARKING LOTS:**

- Avoid wearing headphones so you can hear approaching vehicles.
- Watch out for cars and mobile equipment, as drivers may not see you.
- Take extra care when getting in and out of vehicles, especially on slippery or icy pavement.

#### **SAFETY MEASURES ON DARK WINTER DAYS:**

- Whenever possible, use designated walkways with good lighting, or carry a flashlight.
- Wear a high visibility vest when exiting your vehicle.
- Walk with others to increase your visibility and ensure quick assistance if needed.
- Stay focused and alert at all times.

### **REPORT UNSAFE CONDITIONS!**

- Notify your supervisor immediately if the salt/sand bucket is empty.
- If you are the first to arrive at work, salt/sand walkways to help others enter the building safely.
- Identify and report areas prone to accidents so preventive measures can be taken to ensure everyone's safety.
- Remember to report all accidents and injuries to your supervisor or to the first aid attendant.

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