



### Log hauler fatigue, a collaborative approach

As one of the transportation safety initiatives, the Trucking and Harvesting Advisory Group members, FP Innovations and log haulers, are collaboratively working to identify the levels of fatigue amongst log haulers and looking for opportunities to reduce the risk of fatigue related incidents.

This commitment to fatigue reduction for log haulers is what led woodlands manager for Interfor Adams Lake sawmill, Brad Bennett, and Dan Todd, co-owner of Bill Todd Logging to give their drivers an extra day off to catch up on sleep.

This day off for rest came on the heels of a pilot for Fatigue Awareness Training done in Kamloops in late January involving Interfor and Tolko. The Fatigue awareness training is presented by sleep specialist Clinton Marquardt and directed primarily at drivers, but informative for supervisors and managers when it comes to scheduling and preparing for night shifts.

This day of rest lead by Interfor received media coverage around the province on CBC radio and a number of media websites.

The training given to log haulers in the 2.5 hour sessions provides practical measures drivers can take while in and out of the cab during a shift to combat their fatigue. The training also touches on possible issues drivers could be having physically or in their sleep environment that may be preventing them from getting adequate, quality sleep at night.

A total of 17 Fatigue Awareness Training seminars are being presented around British Columbia starting April 26th.

#### Fatigue Awareness Training near you:

- April 26 — 100 Mile House (West Fraser)
- April 27 — Chase (Interfor)
- April 28 — Chase (Interfor)
- May 1 — Cranbrook (Canfor)
- May 2 — Kamloops (Tolko)
- May 3 — Vernon (Tolko)
- May 4 — Princeton (Weyerhaeuser)
- May 5 — Fatigue Vernon (Gorman Bros.)
- May 8 — Vavenby (Canfor)
- May 9 — Vanderhoof (Canfor)
- May 10 — Houston (Canfor)
- May 27 — Prince George (Interior Safety Conference)
- May 29 — Mackenzie (Canfor)
- May 30 — Williams Lake (Tolko)
- May 31 — Fort St John (Canfor)
- June 1 — Grande Prairie (Canfor)
- June 2 — Chetwynd (Canfor)

For more information on these sessions, please contact BCFSC transportation safety staff at:

[transport@bcforestsafe.org](mailto:transport@bcforestsafe.org) or by phone 1-877-741-1060



2017 ILA Conference and Trade Show

*"Women Working in the Forest Harvesting Industry"*

May 4th, 5th & 6th

Vernon BC

Agenda and tickets can be found at:

<http://www.interiorlogging.org/conference-trade-show/program>

### Vernon Safety Lunch and Learn



In conjunction with the ILA

May 6th

10:30 AM—2:05 PM

Vernon Lodge and Conference Centre

Online Registration can be found here:

<http://www.bcforestsafe.org/node/2929>

## 9-Axles, reducing impact levels to infrastructure, improving the competitiveness of BC's forest sector

Since October 2013 there has been an ongoing discussion about the implementation of 9-axle logging trucks in BC. Where implemented, how will these larger trucks impact stakeholders — licensees, log haulers the public — and our roads?

In early April Canfor and FPInnovations (a not-for-profit, scientific forestry research organization) presented their case to the Prince George city council. These findings included road impact studies, bridge discussions and performance measures and conduct. The team from FPInnovations also supplied a document outlining the reason for this initiative and the benefits once implemented, as well as suggestions and other points to note.

### Overriding principles underpinning the initiative:

- Maintain or enhance safety for the travelling public and resource workers
- Maintain or reduce impact levels on infrastructure for MOTI, municipal and resource road networks
- Contribute to the sustainability of northern communities
- Improve the competitiveness of the forest sector.

### Benefits of 9-axle log trucks:

- Reduce transportation costs by 8%; estimated >\$34 million in savings per year for the BC forest sector
- Alleviates driver shortage
- Fewer trucks = improved road safety
- Less fuel per unit of payload = reduced greenhouse gas (GHG) emissions
- Potential win-win-win for the BC Government, the public (road safety, sustainable resource-based communities) and the forest industry.

### Commercial Vehicle Incident Investigation Course

Grant Aune, of Advantage Fleet Services, will deliver a commercial vehicle collision investigation training course in May (15-17) in Prince George. We are sharing this information here as we have had numerous requests about this type of training.

This course is designed for fleet managers, risk managers, safety supervisors, and investigators who oversee the operations of commercial vehicles and/or fleet vehicles.

For details and to register, contact Advantage Fleet Services at:

(604) 847-9933 or [mcurrie@advantagefleet.com](mailto:mcurrie@advantagefleet.com)

We are coming to a place near you! **SAFE Companies** will be hosting a series of Town Halls across the province from April 18th to May 31st this year. We invite you to come have a coffee/tea and provide your feedback on everything to do with SAFE Companies and safety in forestry in BC. For the schedule and more information, please go to <http://www.bcforestsafe.org/node/2926>

## Upcoming events continued:

### Interior Safety Conference

Friday May 26, 2017

#### "Log Hauling Safety — Driving for Safety"

The workshop is free to attend and kicks off with a lunch followed by presentations focused on increasing safety for log haulers. The workshop will include a panel discussion on 9-axle log truck configurations and presentations by a Resource Coroner and updates on log hauling initiatives.

12 PM – 3 PM

CN Centre—Kin 1

Prince George BC

Agenda and online registration can be found here:

<http://www.bcforestsafe.org/node/2947>

Saturday May 27, 2017

#### "Leading Safety – Building Strong Supervisors"

This free to attend conference will include sessions on how to build strong teams, WorkSafeBC requirements, communicating with different generations, how to manage fatigue at work, and steep slope logging. The conference will provide practical information and tools for all workers not just supervisors and managers.

8 AM - 3 PM

CN Centre—Kin 1

Prince George BC

Agenda and online registration can be found here:

<http://www.bcforestsafe.org/node/2927>

## It's Wildfire Season!

### How to report a wildfire:

Call: 1-800-663-5555  
or  
\*5555 from a cell phone

**RUMBLINGS** is produced to help keep you informed on what's happening in BC forestry transportation safety. If you have best practices you would like to share, concerns you want to discuss, or topics you and others would like to learn more about, please give us a call at 250-562-3215 or toll-free 1-877-741-1060 or email: [transport@bcforestsafe.org](mailto:transport@bcforestsafe.org)